



Neighborhood House Association  
Head Start Program of San Diego, County  
5660 Copley Drive, San Diego, CA 92111  
(858) 715-2642



# NHA DENTAL HEALTH AWARENESS WORKSHOP EVENT

(FRIDAY) MARCH 25, 2016

10:00 AM TIL' 3:00 PM

Tubman Chavez Center

415 North Euclid Ave

San Diego, CA 92114



- **FREE DENTAL SCREENING (NO AGE LIMIT)**
- **FUN PARENT/CHILD ACTIVITIES**
- **FREE ORAL HEALTH WORKSHOPS FOR PARENTS/GUARDIANS**
- **GET A GOODY BAG AT COMPLETION OF ACTIVITIES**

## Participants will learn the following:

- **Importance of brushing teeth at least 2x/day**
- **Eating healthy choices to help keep teeth strong**
- **Visiting the dentist at least 2x/year to ensure a healthy mouth**
- **Parent/guardian will learn how to prepare their child for a dentist visit**
- **Children will learn what to expect during their visit with a dentist**

**For more information please contact (858) 715-2642**

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**Dental screenings by:** San Diego American Indian Health Center (No age limit); La Maestra HC (No age limit);  
San Ysidro HC (Ages 0-12 yrs only)

Other Community agency participants: Share the Care; Mid-City Community Clinic